

**Supplementary Table 1.** Beck depression inventory (BDI) subscales according to their characteristics

BDI number	Subscale characteristics
1	Sadness
2	Pessimism
3	Failure
4	Loss of pleasure
5	Guilt
6	Punishment
7	Self-dislike
8	Self-criticalness
9	Suicide thought
10	Crying
11	Agitation
12	Loss of interest
13	Indecisiveness
14	Worthlessness
15	Loss of energy
16	Sleep problem
17	Irritability
18	Appetite change
19	Concentration difficulty
20	Tiredness
21	Loss of sex interest