Article format and high rejection rate

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Journal of Exercise Rehabilitation (JER) has a very high rejection rate. Over 60% of submitted papers are rejected from the initial review. Once the paper is submitted, it is preliminary reviewed on the editorial board. In this case, the format of the submitted paper, style of references, and qualifications of the contributor are reviewed. Then the review process is carried out. In this case, the quality and contents of the paper are examined. If you pass this review, you will be accepted and the PDF file will be sent to the corresponding author according to the publication date. The article will be published after correction.

Most of high rejection rates are due to incorrect in the paper format, especially the reference. Many papers use Arabic numerals for references in shoulder or parentheses. This is contrary to JER's article citation. If there are two authors, write "and"; if three or more, write "et al.". The order of references is in alphabetical order by author, followed by year.

The abstract must not have a heading title. You must write your approval number. Instruments or drugs must include the model name, company name, city, state (if in the United States), and country. The statistical meaning *P* is written in uppercase italics.

References should be sorted alphabetically by author. All authors must be included. If there are the same author of the same year, separate the years with a, b, and c. Journal name uses the official abbreviation. Title is written in lowercase letters except the first

character. Text, domestic paper and dissertation should not be used as the references. We recommend citing the journals in PubMed (<https://www.ncbi.nlm.nih.gov/pubmed/>) for reference.

Even if the above format is kept, too little data is a cause of rejection. The data must be well-informed and correctly displayed. Sufficient experimental results should be provided for the paper. Instead of listing simple results, the focus should be on the mechanism and cause.

It is important to follow the format so that it will not be rejected during the initial screening. JER will endeavor to ensure that excellent papers are reviewed and published. We look forward to seeing many good and valuable papers published through JER.

CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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